



Marshal Andy's Breakfast Bake

directions

1. Spray 9"x13" baking dish with cooking oil spray.
2. Cook grits according to package directions and when finished cooking, stir in cheese. Spread in baking dish.
3. Fry sausage, drain, and crumble over the grits.
4. Beat eggs, add water, salt, and pepper, and beat together completely. Pour over grits and sausage. DO NOT STIR.
5. Place into a preheated 350 degree oven and bake about 30 minutes or until eggs are set.

notes

N/A

to serve

Serve warm for best results. Salt and pepper to taste.



10 - 12

servings

30 min

prep time

30 min

cook time

ingredients

1 cup old fashioned yellow grits
1 lb Swaggerty's Farm sausage
1 cup cheddar cheese, grated
6 eggs
3 or 4 TBSP water
Salt and pepper

Pairs well with: Vegetables, fruit, greens

Special Kitchen Tools: N/A