



Sausage, Berries & Feta Salad

directions

1. Cook sausage links on a pan in a 375 degree oven or in a skillet until done. Drain on paper towels.
2. Cut links into 1 inch bite size pieces. Set aside.
3. Add greens to a large salad bowl.
4. Top with blueberries, strawberries, pumpkin seeds, avocado, apple and feta cheese.
5. When ready to serve drizzle lightly with vinaigrette and gently toss.

notes

Enjoy with a crispy cold glass of white wine or rose and slices of a baguette. You will have a better-for-you, colorful, warm-weather meal.

to serve

Serve with additional toasted pumpkin seeds and dressing on the side.



4 - 6

servings

30 min

prep time

10 min

cook time

ingredients

- 1 pkg Swaggerty's Farm Italian Sausage links
- Mixed Spring salad Greens (spinach, arugula, baby kale, baby romaine, etc)
- 1 cup fresh blueberries
- 1 cup fresh sliced strawberries
- 1/2 cup toasted pumpkin seeds
- 1 ripe, but firm avocado, peeled and cut into slices
- 1 small tart apple, cut into slivers
- 1 cup cubed feta cheese
- Your favorite vinaigrette

Pairs well with: White wine, slices of a baguette, chips

Special Kitchen Tools: N/A