



Swaggerty's Special Barbeque

directions

1. Cook the beef for several hours or overnight in a slow cooker or crock pot with a small amount of liquid. If you wish, you may season the beef lightly with salt and pepper.
2. Remove the beef from the liquid and pull apart. Discard any fat or gristle.
3. Fry sausage thoroughly and drain.
4. Stir sausage into beef and heat. Add barbeque sauce to taste.

notes

N/A

to serve

Serve hot.



12+

servings

3 min

prep time

180+ min

cook time

ingredients

2 to 2 1/2 lbs lean beef roast
1 lb Swaggerty's Farm sausage
Barbeque sauce to taste (We like Hickory Flavored Barbeque Sauce)

Pairs well with: Any southern side item

Special Kitchen Tools: N/A